SEND A Hand

Practical resources for everyday support

Small resources. A brighter tomorrow.

Gentle resources shaped by lived experience.

Practical resources to support children, young people and adults with SEND.

From growing up and understanding emotions to navigating everyday situations, our booklets and toolkits are designed to help make things a little easier to understand.

- Booklets & toolkits
- Support for everyday life
- For children, young people and adults
- Helping to build understanding and confidence

Created by a SEND mum, through lived experience. ♡

Explore our resources and take a look inside at

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